

2019  
SCHOOL  
GAMES

# U16 Girls Basketball

Friday 8th February 2019

1:00 - 4:00pm

Venue TBC



## Competition Pathway

### 1 SGO Area Events

Open to all schools in the area/borough with the winning school from each borough being invited to the School Games County Final

### 3 Regional Finals

This stage of the competition will be organised by Basketball England and will consist of the best teams from the North West Region. Winners from this stage will then progress to the North Zone Finals.

### 5 National Final

The 'Final Fours' will see the best schools from the North, South, Midlands and London compete against one another to be crowned National champions.

### 2 County Final

This stage is organised by Basketball England and comprises of 10 schools representing each of the boroughs in Greater Manchester

### 4 Zone Finals

Organised by Basketball England, the North Zone Finals will consist of the best teams from the North West, North East and Yorkshire and Humberside. Winning teams from this stage will progress to the National Final.

## Teams

Players must be from year 11 or below.  
Squads must have a minimum of 8 players and a maximum of 12 players.  
5 players on the court at a time.

## Equipment

Size 6 balls.  
Full size basketball court, no less than 20m x 11m.  
The basketball ring should be 10'0" (3.048m) high.

## Duration of Matches

A suggested format has been produced by Basketball England to ensure a level of consistency; however there can be a degree of flexibility in running SGO/Borough level competition. Games can consist of 4 x 10 or 4 x 7 minutes periods with a stopping clock - two minutes between the 1st/2nd and 3rd/4th periods with a half-time interval of 10 minutes. Alternatively, if the length of time available becomes an issue then there is the option to shorten the games by adopting a running clock.

## Competition Format

At SGO Area level the local organisers will decide on the format. Leagues are the preferred model as they encourage regular participation, but central venue festivals or an alternative can be used.

## Violations

Deliberately kicking the ball or striking it with a fist.  
Knocking the ball out of the court.  
Dribbling with two hands on the ball at once or letting the ball come to rest then continuing to dribble (Double Dribble).  
Running with the ball (Travelling).  
If any of these violations are committed the non-offending team gets a throw in from the side line.

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## Fouls

A personal foul involves personal contact with an opponent, if this occurs in the act of shooting two free throws are allowed, otherwise it is sideline ball to the opposing team. Once a player has 5 personal fouls he/ she take no further part in the game. 7 team fouls, shots given on 8th foul.

## Playing the Game

All matches are played according to FIBA regulations unless otherwise stated.

Each game is started by a jump ball in the centre circle and begins when the ball is tapped in by one of the jumpers.

A basket from the field, from outside the arc counts as 3 points, within the arc counts as two points and a basket from the free throw counts as one point.

After a basket, the opponents will be given the ball to make a throw in from any point behind the baseline.

Players may be substituted at any time on a dead ball.

Zone defences are not allowed.

Time outs allowed: 1

24 second shot rule .

8 second rule.

3 seconds in the key.

5 seconds on the sideline.

5 seconds on the free throw line.

No time outs in the last minute of the game.

It is expected that each player will be given a 'fair' amount of court time.

## Fair Play.

A personal foul involves personal contact with an opponent.

If this occurs during shooting 2 free throws are allowed, otherwise it is a sideline ball to the opposition.

If a player receives 5 personal fouls they can't play in the rest of the game

## Health & Safety.

Before all matches this must be read and adhered to: Players can't play if they are barefoot or in unsuitable footwear.

No jewellery to be worn.

All loose clothing must be tucked in and shoelaces tied.

No chewing gum or sweets.

Players should bring plenty of drinks.

All players are advised to warm up appropriately before each match.

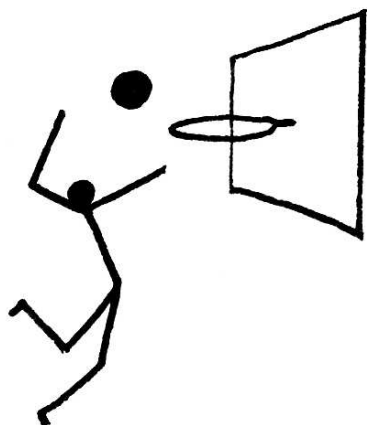
When not competing, players must remain off the court and not get in the way or distract officials

Medical supplies that players may need should be brought with them on the day i.e. asthma inhalers.

All team teachers must ensure their pupils are under adult supervision at all times, even when playing.

Please ensure students have been briefed on health and safety.

Entry deadline Friday 5th  
January



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