**CHEERTASTIC**

**2016**

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\*\*\*PLEASE NOTE CHANGES FOR THIS COMP\*\*\*

There will be 2 categories in this competition

1. Cheerleading (which involves stunting & tumbling)
2. Pom dance (which is what we have previously competed with)

Date: Wednesday 6th July

Venue: Copley Sports Centre

Time: 12.45pm team registration/spectator arrival

1.15pm Primary competition

Other Info: Team entry is free (please fill in from below)

All entries MUST be via the Tameside School Sports Partnership website by Monday 27th June 2016.

Any teams who do not enter by this date will NOT be allowed to compete as running orders will be sent out and will NOT be changed. This entry date is NON NEGOTIABLE.

* **AGE GROUPS**

Primary School- Years 1 to 6

KS1 – 75% of the team must be in KS1

KS2 – 75% of the team must be in KS2

* **SQUAD / TEAM**

30 maximum / 5 minimum

The aim of the competition is to develop grassroots participation therefore mixed teams are welcome.

* **Music**

All squads must provide TWO copies of their music on CD on the day, this must be clearly labelled with school name and instructions (times etc). Squads must also have a designated person to operate the music for their performance. Music for each performance should begin at the start of a CD. Any music deemed inappropriate with incur a 10 point deduction.

* **Kit**

Participants must wear PE kit or appropriate costumes

* **EQUIPMENT**

Props may be used throughout the routine.

* **AWARDS**

1st, 2nd and 3rd place in each group (KS1, KS2,) will receive a school trophy.

Additional awards will also be given in the following category:

Cheerleader of the day

School spirit award

* **SPECTATORS**

Tickets will be priced at £4.00 and will be available via [www.etickets.to/buy/?e=13312](http://www.etickets.to/buy/?e=13312)

Please note – NO TICKET, NO ENTRY – this is a paperless ticket system, spectators WILL NOT be sent a paper ticket. Their names will be confirmed upon entry.

\*\*\*\*\*SCHOOLS PLEASE MAKE THIS CLEAR TO YOUR PARENTS AS THIS BEING MISCOMMUNICATED BY SCHOOLS TO THEIR PARENTS USUALLY CAUSES ISSUES\*\*\*\*\*

* **JUDGES**

Judges will be comprised of industry professionals and Tameside Dance Leaders. The judges decisions are final and we expect all teams to show good team spirit by supporting and applauding the judges decisions.

**CHEERLEADING RULES & REGS**

**\*\*\*\*NEW CATEGORY\*\*\*\***

**Must be coached by a fully qualified cheer coach**

**\*\*PLEASE SEE SEPARATE DOCUMENT OR UKCA RULES FOR GENERAL CHEER RULES\*\***

**COMPETITION REQUIREMENTS**Perform a routine of Cheer skills, movement and vocals  
which should be dynamic and exciting, incorporating all the compulsory elements Audience participation and props are encouraged (i.e. Poms, megaphones, banners, signs/cards, flags etc) Cheer uniform MUST be worn (see glossary)

* Compulsory Elements

Vocal Skill (Cheer/Chant/Sideline)

Stunts  
Pyramid  
Cheer Jumps

Tumbling  
Dance  
Cheer Arm Motions

* Beginning & End of Routine

The routine must be performed on the matted performance area provided Cheerleaders are not allowed outside the performance area once routine has started

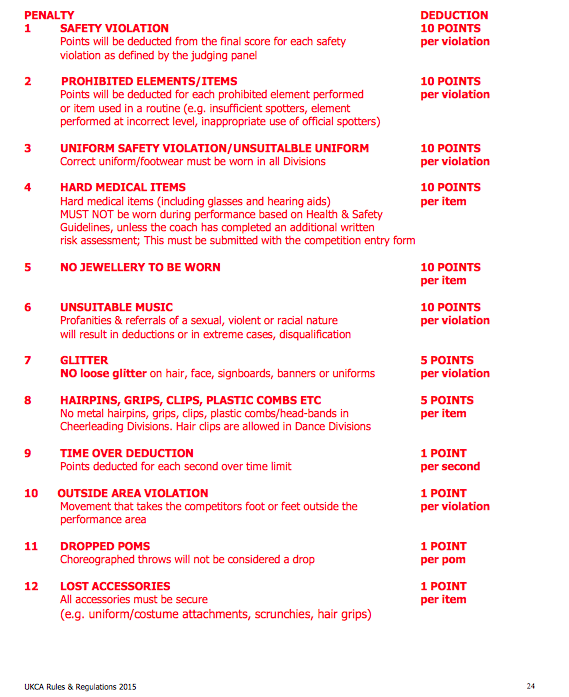
All Cheerleaders must start the routine with at least one foot on the ground  
All Cheerleaders must come to a complete stand still before beginning their routine

* Time  
  Routine maximum time limit is 2:30 minutes  
  Timing will begin on the first note of music, the first vocal command or the first Cheer movement and stop with the last note of the music or when all Cheerleaders come to a stationary position  
  The judges will continue to mark the final dismounts until they are safely on the ground
* Music

Teams must provide their own music track with backup, on CD, iPod or iPhone

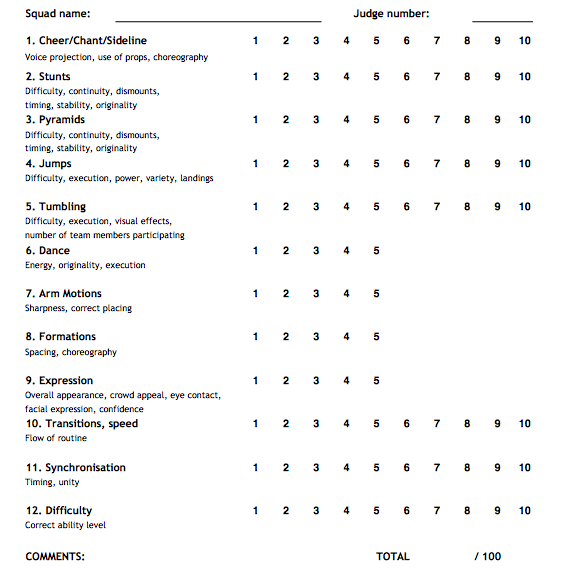
A representative of the team must start and stop the music

DEDUCTIONS



**TAMESIDE CHEER FEST 2016**

**CHEERLEADING SCORE SHEETS**



**TAMESIDE CHEER FEST 2015**

**POM DANCE RULES & REGS**

* COMPETITION REQUIREMENTS

Perform any type of dance routine, which may encompass a variety of dance styles such as (but not limited to) Jazz, Funk, Pop, Lyrical, Hip-hop, Street etc.

Poms must be used by participants at some point during the routine (optional for males)

Additional props may be used

* Compulsory Elements

Vocal Skill (Cheer/Chant/Sideline)

Cheer Arm Motions  
Cheer Jumps

* Prohibited

Pyramids

Stunts

Tumbling

* Timing

All team routines will be a maximum of 2:30 minutes

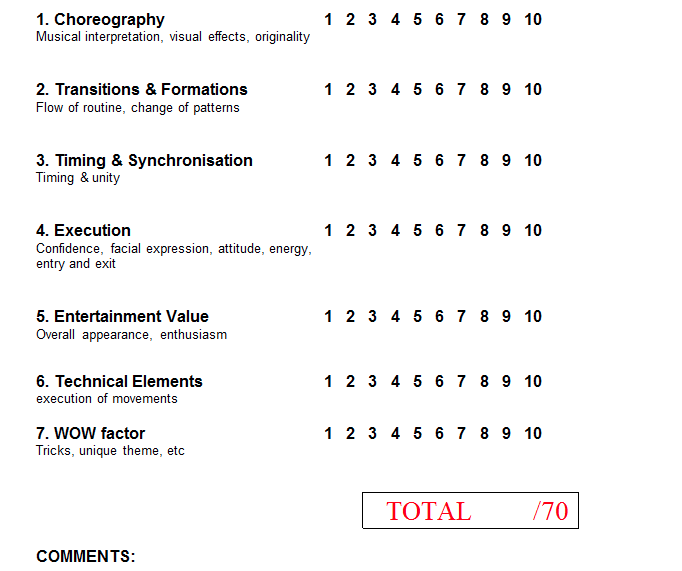
Timing will begin on the first note of music, the first vocal command or the first movement and stop

with the last note of the music or when all Cheerleaders come to a stationary position

**TAMESIDE CHEER FEST**

**POM DANCE SCORE SHEET**

TEAM NAME JUDGE NO.



ENTRY FORM

Please email to [rcunningham@copleyacademy.org.uk](mailto:rcunningham@copleyacademy.org.uk) before 27th June 2016

CATEGORY: (please circle/highlight) CHEERLEADING POM DANCE

KEY STAGE: (please circle/highlight) KS1 KS2

Squad name:

School :

Coach/Teacher:

Relevant qualifications:

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| --- | --- | --- | --- |
| NAME | KEY STAGE | M/F | PHOTO CONSENT |
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