

# U13 Volleyball

Boys - Tuesday 30th April 2019 (TBC)

Girls - Wednesday 1st May 2019 (TBC)

Venue TBC

# **Competition Pathway**



#### SGO Area Events

Open to all schools in the area/borough with the winning school from each borough being invited to the School Games County Final.

NB. An athlete can only represent their school in one event at the Greater Manchester School Games County Finals.



# Greater Manchester School Games County Final

This stage is organised in partnership with Volleyball England and comprises of 10 schools representing each of the boroughs in Greater Manchester.

#### **Teams**

Players must be from year 7 and/or year 8. Boys and girls will compete separately Maximum squad of 5 players. 3 players on court at a time.

### **Competition Format**

At SGO area/Borough level, local organisers will decide on the format i.e. 'home & away' leagues, Central Venue festivals or one off tournament. Leagues are the preferred model to encourage regular participation.

### Playing the Game - Scoring

Rally scoring will be used - there will be a point scored on every score of the ball.

Offence will score on a defence miss or out of bounds hit.

Defence will score on an offensive miss, out of bounds hit, or serve into the net.

Points are also scored where the opposition make a foul. For example net touch, foot fault on serving, passing under the line of play at the net, double hit, carrying or lifting the ball.

Matches are one set to 21 points (two points clear) or 10–12 minute – this is flexible depending on the venue used/number of teams taking part. First to 11 is an alternative option.

# **Equipment**

Standard size ball.

Court size of 12m x 6m, or doubles badminton court for ease.

The net should be 2.15m high

### Playing the Game - Serve

The server must serve from behind the end line until after contact.

The ball may be served underhand or overhand.

The ball must be clearly visible to opponents before serve.

A served ball may graze the net and drop to the other side for point.

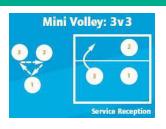
The first game serve is determined by the toss of a coin

A serve can be returned anyway, but not blocked.

# Playing the Game - Rotation

Team will rotate each time they win the serve back from the opposition.

Players shall rotate in a clockwise manner.



# 2019 School Games

# **Basic Violations**

Stepping on or over the line on a serve.

Failure to serve the ball over the net successfully.

Hitting the ball illegally (carrying, palming, throwing).

Touches of the net with any part of the body while the ball is in play. If the ball is driven into the net with such force that it causes the net to contact an opposing player, no foul will be called, and the ball shall continue to be in play.

Failure to serve in the correct order.

### Playing the Game

Team captains toss a coin with the winning captain gaining the right to decide either to: (a) serve or receive serve or (b) choose ends for the start of the first set.

A maximum of three hits per side is permitted (blocking does not count as a hit). • Double contact rule must be adhered to - a player may not hit the ball twice in succession (a block is not considered a hit). The ball may be played off the net during a volley and on serve.

A ball touching a boundary line is good.

Catching is not allowed. Contact with the ball is allowed with any part of the body, however kicking is forbidden. If the ball strikes the foot when planted on the floor play will continue, a kick will result in loss of the point.

Switching positions will be allowed after the serve only.

One 30 second timeouts per set will be allowed per team.

Rolling substitutions are permitted.



#### Fair Play

The ideals of good sportsmanship and respect should permeate throughout all competitive and recreational sport. They are displayed by someone who abides by the rules of a contest, respects their opponents and accepts victory or defeat graciously.

# **Entry Deadline TBC**

# **Health & Safety**

Long hair must be tied back.

No jewellery should be worn.

All loose clothing must be tucked in and shoelaces tied. No chewing gum/sweets.

Please ensure your pupils bring drinks with them. Please make sure all players warm up appropriately before each match.

All team teachers must ensure their pupils are under adult supervision at all times, even when not playing. During this time teams can watch and encourage their fellow teams.

First aiders will be on site, however please ensure your pupils bring with them any medical supplies they may need i.e. asthma inhalers.



