## 

## Active Tameside and Tameside School Sports.

Presents

Virtual Dance Competition

## URBAN EXTREME

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| **Rationale**  To continue the development of grass roots participation in Urban Dance, open up performance opportunities and highlight exit routes in line with performance pathways for National competitions |

**Date: Wednesday 8th December 2021**

**Venue**: N/A

**Time**: N/A

**Other Info**: Team entry is free (please fill in form below) to SSP Schools and £10 to those outside the borough.

All entries MUST send a completed entry form (page 4 of this document) to Lianne Owen at [lianne.owen@activetameside.com](mailto:lianne.owen@activetameside.com) by 9pm on Wednesday 24th November.

**RULES AND REGULATIONS**

**AGE GROUPS**

Primary School

KS1 – a minimum of 75% of the team must be in KS1

KS2 – a minimum of 75% of the team must be in KS2

*Teams will Dance in their bubbles that the School has set for them*.

**SQUAD / TEAM**

30 maximum / 3 minimum

The aim of the competition is to develop grassroots participation therefore mixed teams are welcome.

**COMPETITION STYLE**

Perform an urban dance style routine (street, hip hop, funk etc.)

**TIME**

Squads’ routines must be a maximum of 2 minutes 30 seconds and a minimum of 1 minute in length.

Timing will begin on the first note of music or vocal command and stop with the last note of music. Anything over the time- points will be deducted but under time no points deducted.

**TECHNICAL ELEMENTS ALLOWED**

* Cartwheels / Round-offs
* Jumps
* Freestyle Tricks (freezes and breakdance elements)
* Forward and backwards rolls

**PROHIBITED**

The following are prohibited if the coach/teacher does not hold the relevant qualifications – any of the following deemed unsafe by the judges will have points deducted

* Flips
* Stunts
* Front/Backward walkovers

**VIDEOS**

All team entry video performances must be emailed over to Lianne Owen at [lianne.owen@activetameside.com](mailto:lianne.owen@activetameside.com) no later than **9pm on Wednesday 1st December.**

Please identify your school name and Key Stage and if you have a team name.

**KIT**

Participants must wear PE kit or appropriate costumes. No jewellery is permitted.

# EQUIPMENT

Props may be used throughout the routine.

**AWARDS**

1st, 2nd and 3rd place in both KS1 & KS2 categories will receive a school trophy.

**JUDGES**

Judges will be comprised of industry professionals and Dance Coaches. The judge’s decisions are final. Thanks in advance for your continued support.

**TAMESIDE SCHOOLS URBAN DANCE COMP**

**SCORE SHEET**

Squad name: Judge number:

**1. Choreography** **1 2 3 4 5 6 7 8 9 10**

Musical interpretation, visual effects, originality

**2. Transitions & Formations** **1 2 3 4 5 6 7 8 9 10**

Flow of routine, change of patterns

**3. Timing & Synchronisation** **1 2 3 4 5 6 7 8 9 10**

Timing & unity

**4. Execution** **1 2 3 4 5 6 7 8 9 10**

Confidence, facial expression, attitude, energy,

entry and exit

**5. Entertainment Value** **1 2 3 4 5 6 7 8 9 10**

Overall appearance, enthusiasm

**6. Technical Elements 1 2 3 4 5 6 7 8 9 10**

execution of movements

**7. WOW factor 1 2 3 4 5 6 7 8 9 10**

Tricks, unique theme, etc

TOTAL /70

**COMMENTS:**

**Judges please leave any comments to help teams improve**

## URBAN EXTREME

Squad name:

School:

Key Stage:

Coach/Teacher:

Relevant qualifications:

*Due to GDPR regulations, initials will suffice for names of pupils.*

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| Pupil name | Key Stage | M/F | Photo consent |
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**Photography Consent Form**

Name of person being photographed:

Name of parent/guardian (if person being photographed is under 18):

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| Active Tameside would like to take your photograph for promotional purposes. These images may appear as part of our publicity campaign in and around the borough on social media, website, local media or as part of promotional material for the organisation. |
| To comply with the Data Protection Act 1998, and GDPR, we need your permission before we take any photographs or recordings of you. Anyone under the age of 18 must be given consent by a parent/guardian. |
| Active Tameside recognises the need to ensure the welfare and safety of children. Active Tameside will take all steps to ensure these images are used solely for the purpose they are intended. If you become aware that these images are being used inappropriately you should inform the manager immediately. |

If you agree please tick the appropriate boxes and sign and date the form below.

* I agree to photographs/video being taken for promotional purposes.
* I agree to photographs/video being taken to be used in local media.
* I agree to photographs/video being taken to be used on social media and websites.

**This form will be held by Active Tameside’s communications department at Active Ken Ward, Hattersley Road East, Hattersley, SK14 3NL.**

Name:

Signature:

Date: