**SPORTS HALL ATHLETICS**

**INTENT**: This is an **excel** competition. You should select pupils with confidence and high competence for the skills involved. Children should be aware of what is involved and will have had some practice at the events and understand the rules and the terminology used. It is a pathway competition with the winning 2 schools being selected to represent Tameside in the Greater Manchester event.

**STANDARD RULES**:

**Age Groups:** All athletes must be from Year 5 and/or Year 6.

**Team Composition**: Teams should consist of a minimum of 9 girls and 9 boys, with a maximum of 15 girls and 15 boys being permitted. Each athlete may compete in a maximum of two track and two field events. A mixture of the two year groups can be used or the team can be composed from just one year group.

**Competition Format**:

The following track and field events should take place at all levels of the competition:

Track 1 + 1

Lap Relay 2 + 2

Lap Relay

*(Each requiring two girls and two boys)*

6 Lap Paarlauf

Obstacle Relay

Over/Under Relay

*(Each requiring four girls and four boys)*

4 x 1 Lap Relay

**Field**

Chest Push

Soft Javelin

Speed Bounce

*(Each requiring three girls and three boys)*

Standing Long Jump

Standing Triple Jump

Vertical Jump

To access information on the event programme, please use the link below: http://www.sportshall.org/primary/primary-sportshall/primary-sportshall-competition Competition Scoring Primary sportshall competitions emphasise team participation rather than individual success.

We will be recording each athlete’s times/distances this year and creating a spreadsheet (similar to Quadkids) where every schools results will be listed and points awarded. This is due to us having less capacity at heats and more heats overall. We may introduce a final however this will be hard to do with 10 heats, so results seems the only fair way to record.