Tameside Sports Hall Athletics 2022

Dear Colleagues,

Enclosed is the information you will need for this year’s event. Competitors may enter 2 relays + 1 individual track or field (e.g. 2 x 1 lap + 4 x 1 lap + 1 x 1 lap or 2 x 2 lap + 4 x 1 lap hurdles + seated throw)

NB You need a minimum of 8 athletes for your girls’ team and 8 athletes for your boys’ team.

The top 3 teams from each venue will go through to the Finals.

**Please make sure that you do not allow pupils to take part in extra events as this will result in disqualification.**

On the day, staff will be required to help the event run smoothly by timing/ judging/ marshalling events. Please put your entries for the 3 events (heats only) on the Tameside website as soon as you can.

Deadlines for entries on the Tameside website (**your entry may not be accepted if it is after these dates):**

**Year 9: Friday 11th February**

**Year 8: Friday 4th March**

**Year 7: Friday 18th March**

STM contact Matt Broadhead – 07702179359

email m.broadhead@stmcollege.org.uk

Hyde contact JonathanBeeden – 07740646684

email j.beeden@hydehighschool.uk

HEATS @ STM and Hyde - arrival from 3.30pm- 3.45pm START

The schools and venues below may change, depending on the number of schools who enter

Please fill in the team sheets enclosed and hand in 1 copy to the organiser at the start of the event.

**We look forward to seeing you at these events - good luck :)**

**Competitors may enter** **2 relays + 1 individual track or field**

# Tameside Sports Hall Athletics 2022

**Heats - Year \_\_\_\_ Boys**

**SCHOOL: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Boys Team**

|  |  |
| --- | --- |
| **Event** | **Name** |
| **Track Events** |  |
| 1 runner x 1 lap |  |
| 1 runner x 2 laps |  |
| 2 runners x 1 lap | 1.2. |
| 2 runners x 2 laps | 1.2. |
| 4 runners x 1 lap | 1.2.3.4. |
| 4 runners x 2 laps | 1.2.3.4. |
| 4 runners x 1 lap hurdles | 1.2.3.4. |
|  |  |
| **Field Events** |  |
| Speed Bounce |  |
| Standing Long Jump |  |
| Standing Triple Jump |  |
| Standing Vertical Jump |  |
| Seated Throw(basketball) |  |
| Standing Throw (shuttlecock) |  |
| Reserve 1. |  |
| Reserve 2. |  |

**Competitors may enter** **2 relays + 1 individual track or field**

# Tameside Sports Hall Athletics 2022

**Heats - Year \_\_\_\_ Girls**

**SCHOOL: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Girls Team**

|  |  |
| --- | --- |
| **Event** | **Name** |
| **Track Events** |  |
| 1 runner x 1 lap |  |
| 1 runner x 2 laps |  |
| 2 runners x 1 lap | 1.2. |
| 2 runners x 2 laps | 1.2. |
| 4 runners x 1 lap | 1.2.3.4. |
| 4 runners x 2 laps | 1.2.3.4. |
| 4 runners x 1 lap hurdles | 1.2.3.4. |
|  |  |
| **Field Events** |  |
| Speed Bounce |  |
| Standing Long Jump |  |
| Standing Triple Jump |  |
| Standing Vertical Jump |  |
| Seated Throw(basketball) |  |
| Standing Throw (shuttlecock) |  |
| Reserve 1. |  |
| Reserve 2. |  |