**TAMESIDE PRIMARY BASKETBALL EXCEL COMPETITION**

**EXCEL-** Intent is to compete and target audience should be competent and confident pupils who have played Basketball at school previously. A or B team standard.

**Game Rules.**

- Each School team must have a minimum of 5 players and a maximum of 10 players.

-During the matches, there must always be 2 boys and 2 girls on court, the 5th player can be either a boy or a girl.

-Substitutions can be made at any time during the game. The game does not have to stop as in normal Basketball.

-There is no 3 seconds in the “key”.

-There will be no free-throws for shooting fouls. A side line/ base line ball will be awarded.

-There is no backcourt violation.

-No time-outs.

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