## Active Tameside

presents

## URBAN EXTREME

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| **Rationale**  To continue the development of grass roots participation in Urban Dance, open up performance opportunities and highlight exit routes in line with performance pathways for National competitions |

**Date: Thursday 1st December 2022**

**Venue**: Active Copley (Sports Hall), Huddersfield Road, Stalybridge, SK15 3ET

**Time**: Schools arrive/register between 1:55 and 2:10pm. Competition to start at 2:15pm. The competition should finish no later than 5:00pm.

**Other Info**: Team entry is free (please fill in form below) to SSP Schools and £10 to those outside the borough.

All entries MUST send a completed entry form (page 4 of this document) to Lianne Owen at [lianne.owen@activetameside.com](mailto:lianne.owen@activetameside.com) by 4pm on Wednesday 16th November 2022.

**RULES AND REGULATIONS**

**AGE GROUPS**

Primary School

KS1 – a minimum of 75% of the team must be in KS1

KS2 – a minimum of 75% of the team must be in KS2

**SQUAD / TEAM**

30 maximum / 5 minimum

The aim of the competition is to develop grassroots participation therefore mixed teams are welcome.

**COMPETITION STYLE**

Perform an urban dance style routine (street, hip hop, funk etc). Delivery & execution includes entrance and exit of group from area.

**TIME**

Squads routines must be a maximum of 2 minutes 30 seconds.

Timing will begin on the first note of music or vocal command and stop with the last note of music. Anything over the time- points will be deducted but under time no points deducted.

**TECHNICAL ELEMENTS ALLOWED**

* Cartwheels / Round-offs
* Jumps
* Freestyle Tricks (freezes and breakdance elements)
* Forward and backwards rolls

**PROHIBITED**

The following are prohibited if the coach/teacher does not hold the relevant qualifications – any of the following deemed unsafe by the judges will have points deducted

* Flips
* Stunts
* Front/Backward walkovers

**MUSIC**

All team music must be emailed over to Lianne Owen at [lianne.owen@activetameside.com](mailto:lianne.owen@activetameside.com) no later than **Friday 18th November at 5pm**.

Please identify your school name and instructions (times etc) and if you have a team name. Any music deemed inappropriate with incur a 10-point deduction.

**KIT**

Participants must wear PE kit or appropriate costumes. No jewellery is permitted.

# EQUIPMENT

Props may be used throughout the routine.

**AWARDS**

1st, 2nd and 3rd place in both KS1 & KS2 categories will receive a school trophy.

Urban Extreme Team Spirit Award for KS1 & KS2 will receive a school trophy.

Street dancer of the day will receive a token gift and certificate.

**JUDGES**

Judges will be comprised of industry professionals and Dance Coaches. The judge’s decisions are final, and we expect all teams to show good team spirit by supporting and applauding the judge’s decisions.

**TAMESIDE SCHOOLS URBAN DANCE COMP**

**SCORE SHEET**

Squad name: Judge number:

**1. Choreography** **1 2 3 4 5 6 7 8 9 10**

Musical interpretation, visual effects, originality

**2. Transitions & Formations** **1 2 3 4 5 6 7 8 9 10**

Flow of routine, change of patterns

**3. Timing & Synchronisation** **1 2 3 4 5 6 7 8 9 10**

Timing & unity

**4. Execution** **1 2 3 4 5 6 7 8 9 10**

Confidence, facial expression, attitude, energy,

entry and exit

**5. Entertainment Value** **1 2 3 4 5 6 7 8 9 10**

Overall appearance, enthusiasm

**6. Technical Elements 1 2 3 4 5 6 7 8 9 10**

execution of movements

**7. WOW factor 1 2 3 4 5 6 7 8 9 10**

Tricks, unique theme, etc

TOTAL /70

**COMMENTS:**

**Judges please leave any comments to help teams improve**

## URBAN EXTREME

Squad name:

School:

Key Stage:

Coach/Teacher:

Relevant qualifications:

*Due to GDPR regulations, initials will suffice for names of pupils.*

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| Pupil name | Key Stage | M/F | Photo consent |
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